# Megatrends & futures thinking

Christopher Rowley
Sitra, the Finnish Innovation Fund



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# What would you like to know about the future?

### Today

- 1. In brief: What is Sitra?
- 2. What is foresight?



- 3. Megatrends, tensions & weak signals
- 4. Discussing together

Theme: How to talk about foresight & futures to your colleagues (and others)

## 1. What is Sitra?



## Five important things

- 1. A gift from Parliament to the 50-yearold Finland. Still under the direct control of the Finnish Parliament.
- 2. Funded by returns on endowment capital and capital investments.
- 3. An independent future house.
- 4. The aim is the successful Finland of tomorrow, the vision is the next era of well-being a fair and sustainable future.
- 5. The vision is implemented by three themes and hundreds of projects.

Read more about our new strategy here: <a href="https://www.sitra.fi/en/news/sitras-new-strategy-out-now/">https://www.sitra.fi/en/news/sitras-new-strategy-out-now/</a>

## + the most important of all

Building our future together.



## 2. What is foresight?



## Foresight is the systematic thinking of futures

You don't need to be an expert to engage in futures thinking



#### What could be? What is desirable? What if...?

What is changing right now?

What is now?

What has been?



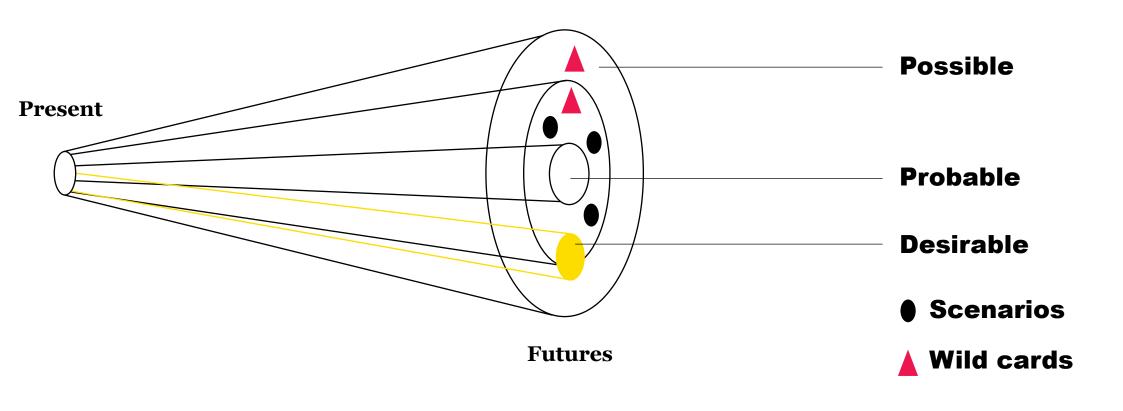
## In foresight we ask:

What futures are...

Possible?
Probable?
Desirable?

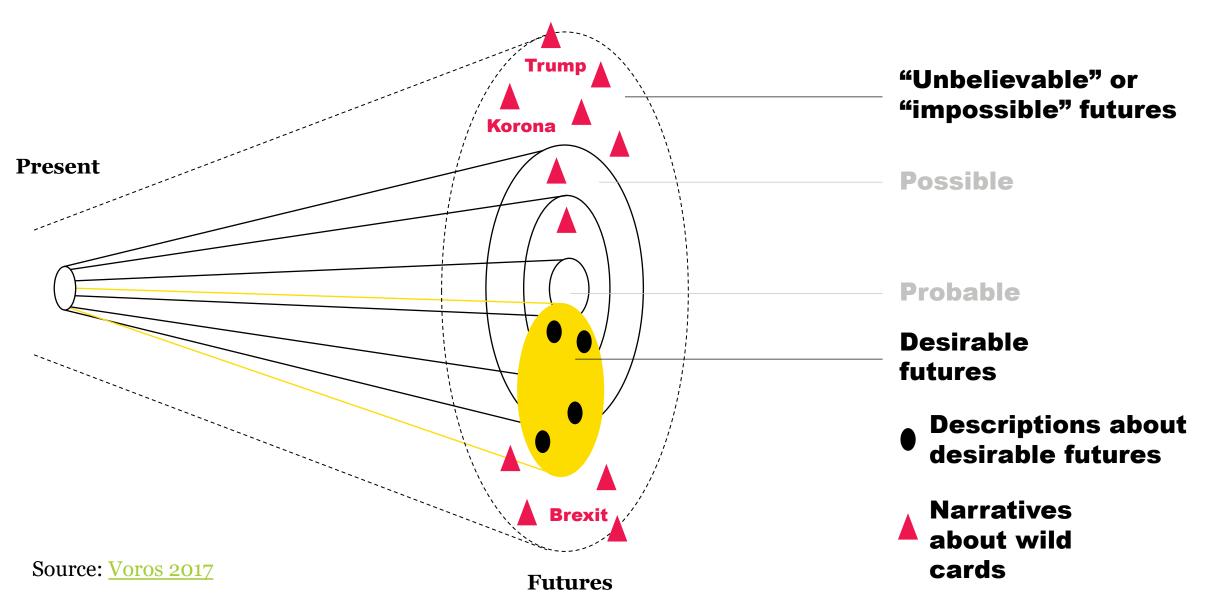


#### The futures cone



Source: Voros 2017

#### The futures cone ...is often too narrow



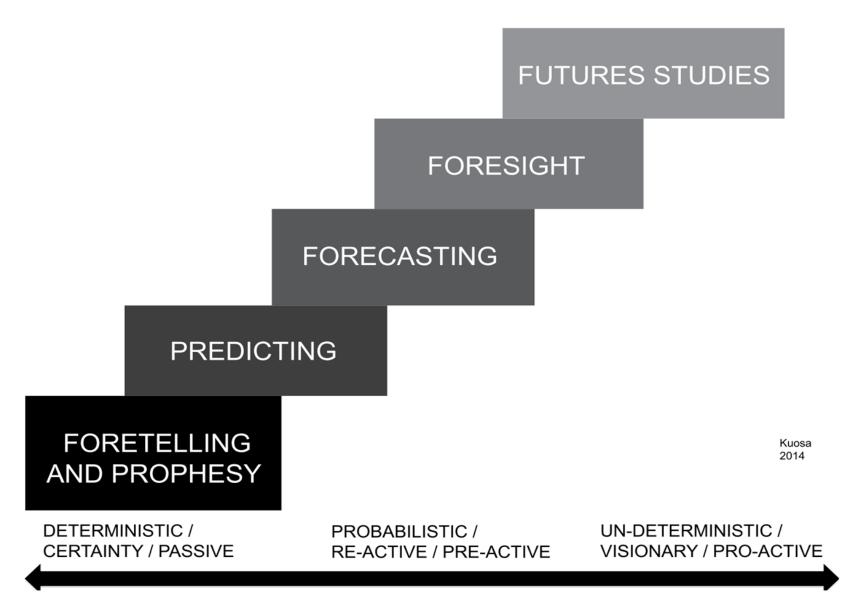


Figure 2: The scale of five classes in futures domain



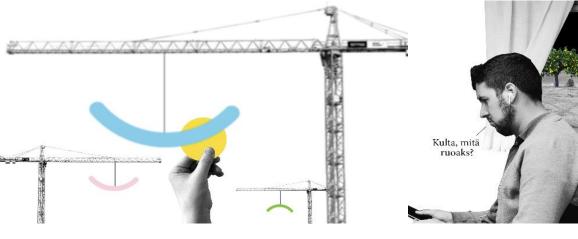
## Three approaches to futures

#### **Preparation**

## Planning

## **Novelty**





What is changing?

What is uncertain?

What can we do?

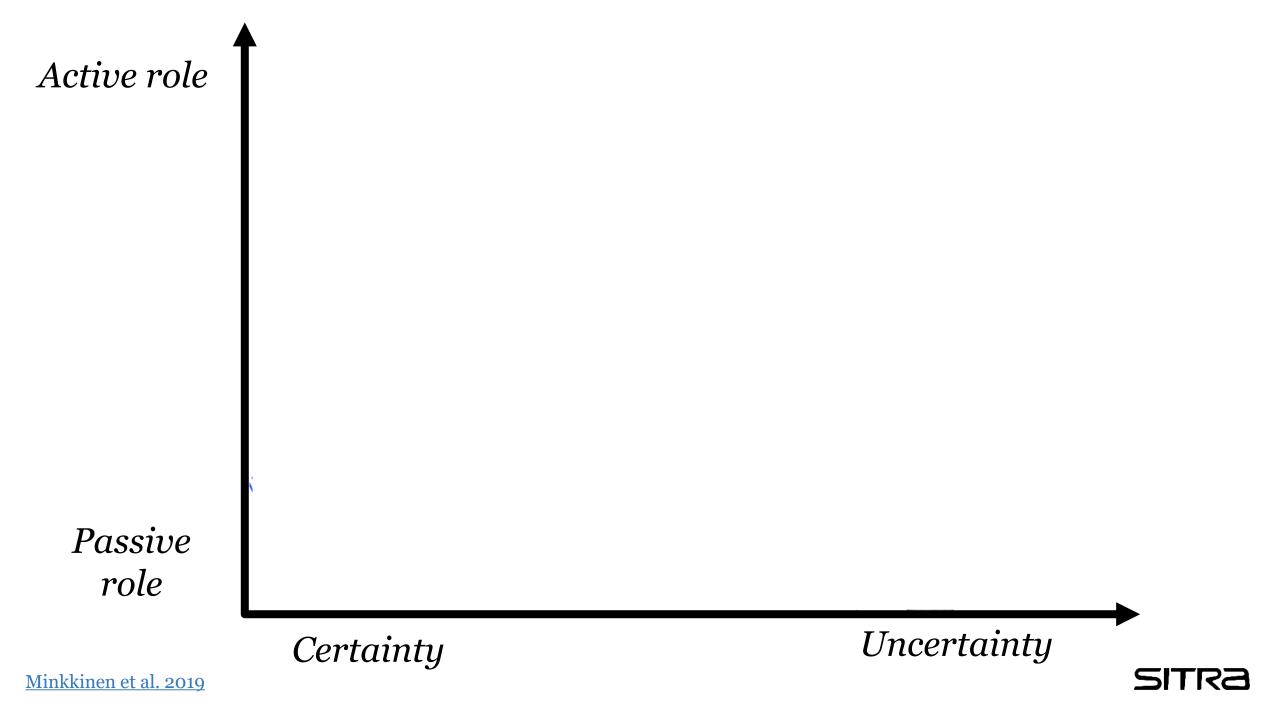
What is desirable and for whom?

What do we assume?

What is not questioned?

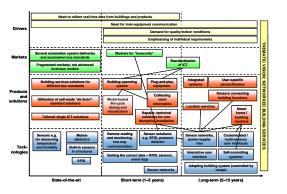
(cf. <u>Miller 2018</u>)



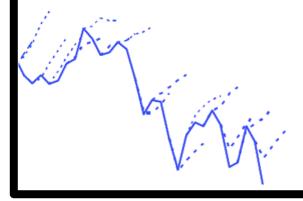


#### Active role

## Planning frame



## Forecasting frame



Passive role

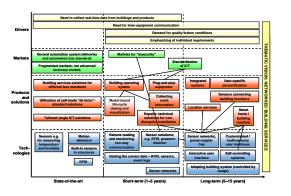
Certainty

**Uncertainty** 



#### Active role

## Planning frame



## Forecasting frame



## Vision frame



Scenario frame









Certainty

Uncertainty

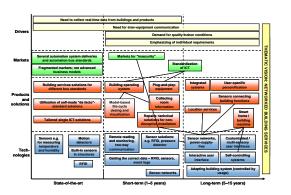


**Passive** 

role

Active role

#### **Planning** frame



**Forecasting** 

frame

#### **Transformation** frame





**Scenario** frame

**Vision** 

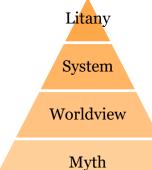
frame

**Critical** frame









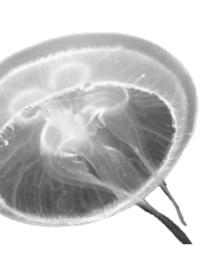
**Passive** role



**Uncertainty** 



## **VUCA, BANI** and postnormal times



"We are entering an era where complexity, chaos and contradictions will become the dominant themes; and uncertainty and ignorance will increase drastically"

Sardar <u>2015</u>, <u>2010</u>



Anxious Non-linear Incomprehensible

## **Futures are** surprising in surprising ways



# That is why we need imagination



### **Ways to imagine futures**

**Horizon scanning:** Changes in the operational landscape - trends, megatrends

Scenarios and future images: Narratives about possible futures

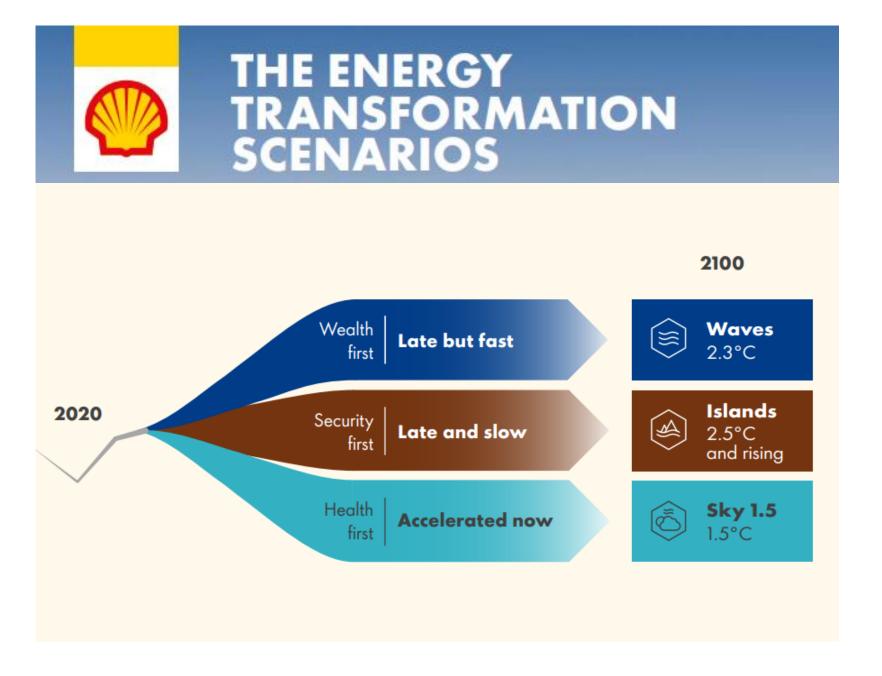
**Visions:** What kinds of futures are desirable?

**Weak signals:** What is happening in the world that is especially surprising or difficult to observe?

Stories, literature, arts: imagination without borders



# Example: Shell scenarios (2021)





Tuning in to the mindset of imagining

Time and space for imagining

# What helps us to imagine?

Feeling of safety & permission to imagine.

Having a frame, model or structure

Ask more: Liisa Poussa, Sitra



"We will not go back to normal. Normal never was. Our pre-corona existence was never normal other than we normalized greed, inequity, exhaustion, depletion, extraction, disconnection, confusion, rage, hoarding, hate and lack. We should not long to return, My friends. We are being given the opportunity to stitch a new garment. One that fits all of humanity and nature."

Sonya Renee Taylor

Founder, The Body is Not An Apology





## Futures thinking & foresight: a summary

There are many futures,

and we can affect those futures.

Therefore, it is our responsibility to think about futures in the long term.



## 3. Megatrends, tensions & weak signals





# MEGA TRENS



The population is ageing and diversifying Fair or unequal transition?

New tribes and commun<mark>ities</mark>

## Relational power is strengthening

Centralised decisions or broad engagement?

Sustainability gap

• r

Ecological reconstruction is a matter of urgency

Power over the future

The environment as a resource or improving the state of the environment?

Are solutions opportunities or threats?

The economy is seeking direction



Technology is infusing with everything



# reconstruction is a matter of urgency





#### **TRENDS**

**Climate warming** 

Extreme weather phenomena

**Loss of biodiversity** 

Overconsumption of resources

Soil degradation

**More waste** 

## **TENSIONS**

ENVIRONMENTAL AWARENESS

VS ENVIRONMENTAL ACTION

BELITTLING VS ACTIVISM

FAIR <mark>VS</mark> UNEQUAL TRANSITION TO A SUSTAINABLE SOCIETY



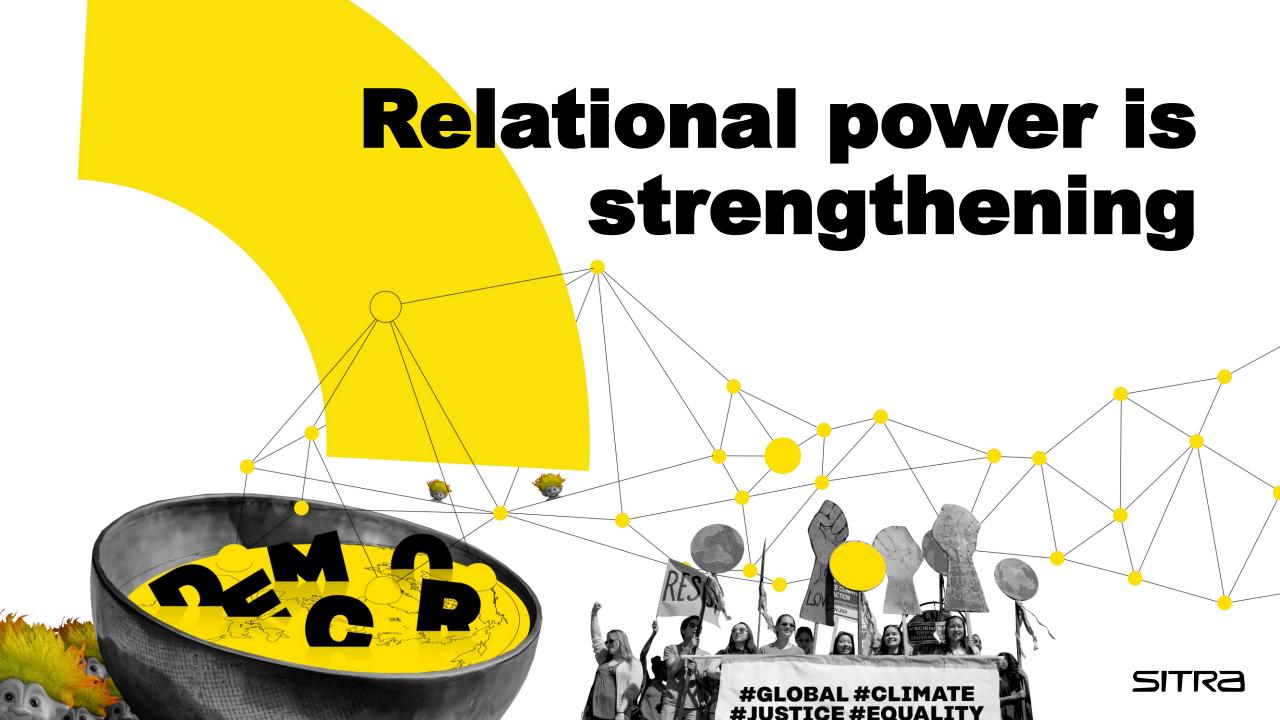
How successful will we be in achieving quick and fair ecological reconstruction?

What is Finland's role in the global change?

What could sustainable lifestyles look like in practice?

Do we see nature as a resource or as having intrinsic value?





#### **TRENDS**

From a multipolar world to a poly-nodal world

Admiration of strong leaders

Rise of populism

**Rise of new movements** 

**Confusion is power** 

## **TENSIONS**

CENTRALISED DECISIONS

VS BROAD ENGAGEMENT

FREEDOM OF SPEECH

VS INFLUENCE THROUGH

INFORMATION

GLOBAL INSTITUTIONS VS
POLY-NODAL WORLD



## How can we achieve the renewal of democracy and make big changes?

How do we ensure broader engagement and quick decisions?

How can we reduce polarisation and confusion?

How do we strengthen global decision-making in a poly-nodal world?









#### **TRENDS**

Longer life expectancy and an ageing population

**Declining birth rate** 

Concentration of the population

**Tribalisation** 

#### **TENSIONS**

DEPENDENCY RATIONS IN SELFARE STATE

CITIES

VS RURAL AREAS

VS MULTI-LOCALITY





How can we prevent inequality while building an ecologically sustainable society?

How will the tensions created by polarisation develop, and can we let go of them?

Will we find a new story for what it means to be Finnish?

How will we ensure the quality and adequacy of society's services?





#### **TRENDS**

Concentration of wealth

**Circular economy** 

Changing structures of work

Continuous development of competence

#### **TENSIONS**

PLATFORM MONOPOLIES

VS HUMAN-DRIVEN DATA

ECONOMY

CONSUMPTION CULTURE <a href="#">VS</a> ENOUGH IS ENOUGH

SUSTAINABLE

VS RESTORATIVE ECONOMY



How do we want to reshape our economic system?

How will people's consumption habits change?

What will be the future shape of working life?

How do we ensure the fair distribution of wealth and income for all?





#### **TRENDS**

Technology transforms operating methods

Al applications permeate society

Programmed organisms in production

Falling cost of renewable energy

Emphasis on understanding technology

#### **TENSIONS**

CO-OPERATION

VS BATTLE FOR AI

WIDESPREAD USE OF TECHNOLOGY

VS INEQUALITY

TECHNOLOGY AS AN OPPORTUNITY VS THREAT



Who exercises power over the future? That is, who gets to define the future scenarios?

Who gets to decide on technology?

To what extent does technology promote ecological reconstruction and to what extent does technology hinder it?

How do we prevent the growth of inequality brought about by technology?





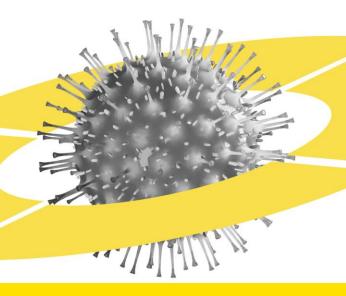
Postnormal times

Emotions at play

Together apart



Increasing interest towards foresight and systemic thinking



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Emergence of solidarity, empathy, caring and action in communities



### Not just megatrends: Looking at weak signals

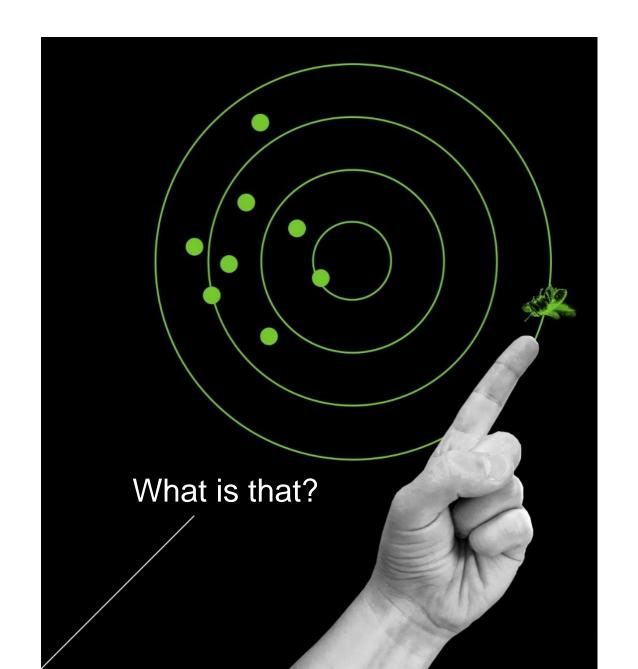
# Any useful idea about the futures should at first appear to be ridiculous

**Jim Dator** 



#### **Weak signal:**

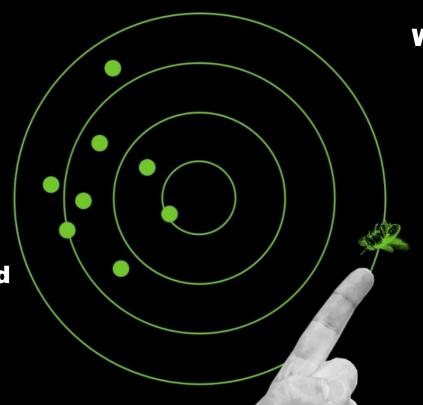
Sign of an emerging issue or the first symptom of change



#### What is a human / humanity?

What is our relationship with other living beings?

What will relationships and families look like in the future?



Who has/have the power to decide in the future?

Does anyone?

What will future generations think of us?

How will we manufacture things in the future?



#### Weak signals can be about...



New or emerging things

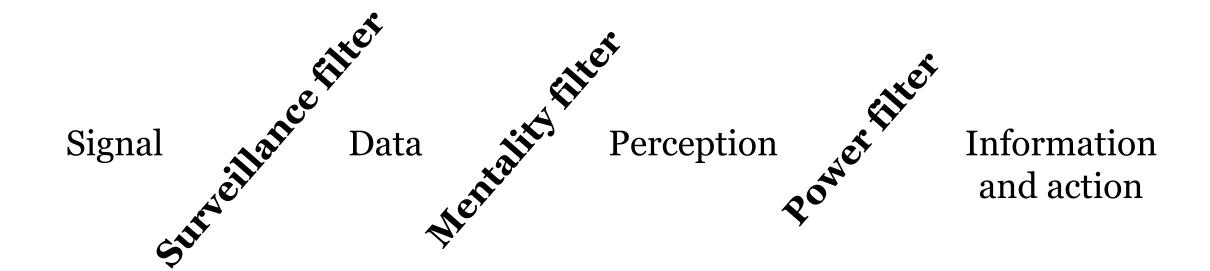


Re-emerging / re-ordering things



**Discontinuing** things

#### Signal and its interpretation



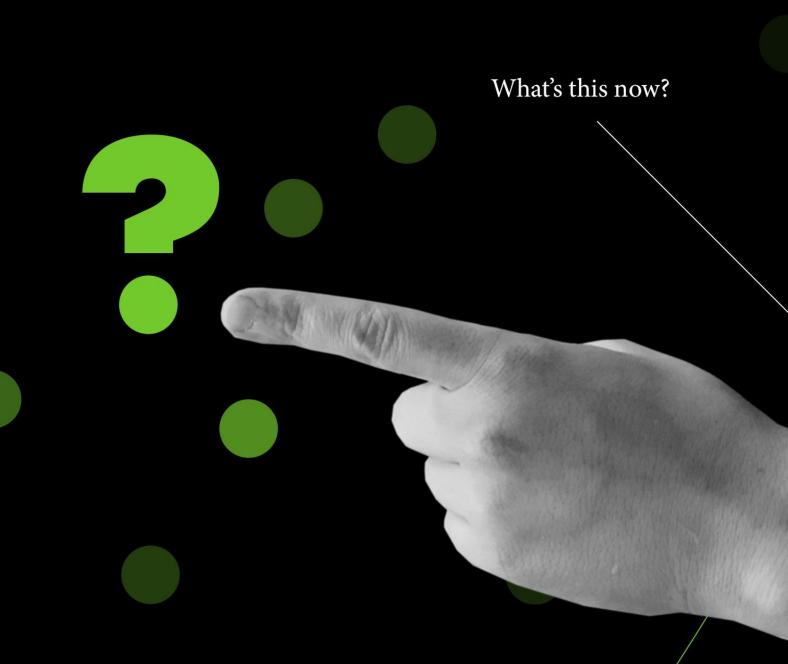
Modified from

Ilmola 2014: Increasing Flexibility by Environment Scanning of the Early Signs of Change in the Complex Environment

*Ansoff 1984: Implanting strategic management* 



Find out more at https://www.sitra.fi/en/topics/weak-signals/



#### Five tips to futures thinking

- 1 Don't try to be right or correct
- 2 Listen to differences and make space for diversity
- **3** Question and challenge assumptions about the future
- Think about futures from the point of view of an individual
- **5** Remember hope!





### Discussing together



# What would you like to know about the future?

### What would you like to know about the future?

# What sparks your imagination?

